

THE INNER TREE

*Discovering the Roots of Your Intuition and
Overcoming Barriers to Mastering It*

MAURA MCCARLEY TORKILDSON

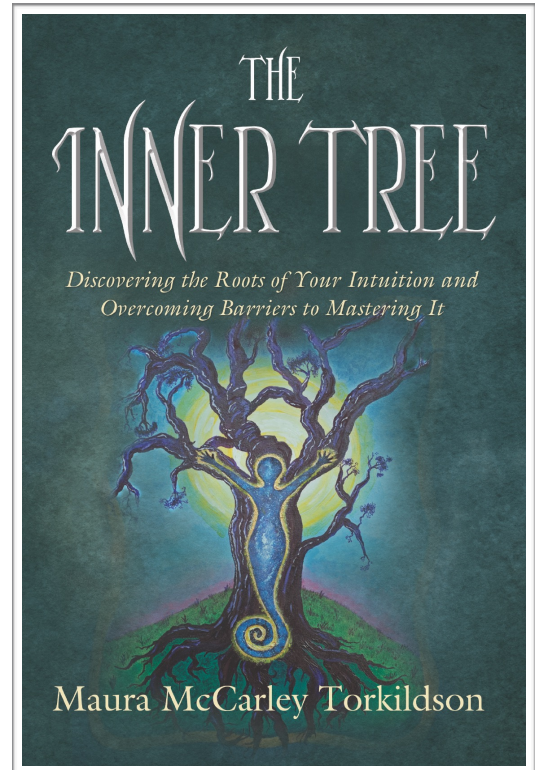
With a Foreword by Randy Fauver, Ph.D.

**Professor and Researcher in Consciousness Studies and Integrative Medicine
BIAL Research Fellow, California Institute of Integral Studies**

THE INNER TREE is for all who wish they could depend on intuition more consistently, finally understand how it works, and stop comparing their experience of intuition to anyone else's. Countless self-help books tell us how to enhance intuitive abilities, but Torkildson's rare gem examines the obstacles to intuition and shows readers how to overcome them. Even if one's intuition is strong, it can be difficult to follow its guidance if its message is uncomfortable to face. But what if he or she knew...

- How to enhance intuitive awareness by understanding their "intuitive type"
- How to manage emotions and ego, enabling better interpretation of signs
- How to walk this wisdom path with joy and self-compassion

In a delightful narrative painting trees as the perfect metaphor for inner wisdom and connection to Source, Torkildson shares her own journey of discovery from believing that she did not have intuition, to learning that she is intuitive, to using that intuition in service to others as a mentor, coach and business consultant. Hands-on, workbook-style activities interwoven with anecdotes from the heart help readers cultivate the Inner Tree of their intuition and learn to trust Source.



BODY, MIND & SPIRIT / SELF-HELP

**ISBN: 978-1-947708-14-3 (trade paper) • 978-1-947708-34-1 (ebook)
6" x 9" • In Production, Spring 2018**

Publication Date: August 18, 2018

**Available from: Amazon, BN.com,
IndieBound, directly from publisher**

Distributor: Ingram

Rights Sold: All rights available

**Rights Contact: Penelope Love,
PLove@CitrinePublishing.com**



Maura McCarley Torkildson is an author, speaker, artist, intuitive and Soul Creativity Support Mentor. She is the founder of Maura Torkildson Coaching and her work includes supporting creatives and spiritual women entrepreneurs to complete their creative soul projects. She is a Certified Professional Co-Active Coach and has an M.A. in Women's Spirituality from New College of California. Her artwork has been exhibited in both the United States and Malta. Visit MauraTorkildsonCoaching.com.