

A COUNTRY HOUSE WITH SOUL

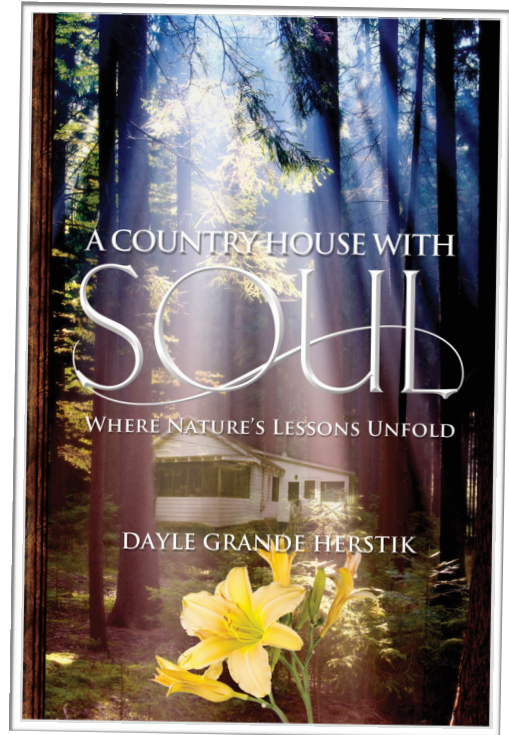
Where Nature's Lessons Unfold

DAYLE GRANDE HERSTIK

"A deep and rich invitation into our past through the foundation of nature, home, and family. The author of this story carries us on rivers, lulls us with vines growing wide and invites us with wisdom into an inner world of her knowing."

—Chloe Rachel Gallaway, Author
The Soulful Child: Twelve Years in the Wilderness

EVERYONE DESERVES A SACRED SPACE to rest into their authentic Self, yet where is ours and how often do we go there? Nature lovers and artists of all kinds will love the nostalgic narrative of Dayle Grande Herstik as she explores this question through the lens of looking back on life and remembering what it was like "in those days," growing up in crowded neighborhoods and cities of concrete. In stark contrast stood the country house—a place of respite from frenetic times and noise, and lack of trees—in a magical environment replete with aromas of pine and balsam, water without chlorine, and activities like berry picking, hammock swinging, and rowing in a big wooden boat. As Herstik's essays welcome us into the summertime sanctuary enjoyed by generations of her family, nature's lessons unfold before our eyes and help us all lead a balanced life.



BODY, MIND & SPIRIT / SELF-HELP

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DAYLE GRANDE HERSTIK is a writer, poet and painter whose work reflects upon life's wisdom, relationships, philosophy, and tiny moments that linger upon the landscape of her natural surroundings. In "retirement," her time is divided between Boca Raton, Florida, New Jersey, and the Adirondack mountains in New York State. She is a member of the National League of American Pen Women.